BISON SIZE CHART

Men's Chest: Put the tape measure under your arms around the widest part of your chest. Don't hold the tape measure too tight, it should be resting on your chest, not squeezing you.

Men's Waist: Place the tape measure around the narrowest part of your waist, typically where your body bends side to side. Remember don't hold the tape measure too tight.

Men's Trouser/Lower Waist: Measure where you like to wear your trousers. Place the tape measure over your underwear at the level your trousers usually sit. Only wear underwear and remember don't hold the tape too tight.

Women's Chest: Wearing the type of bra you would normally wear to work, put the tape measure under your arms around the widest part of your chest. Don't hold the tape measure too tight, it should be resting against your chest.

Women's Waist: Place the tape measure around the narrowest part of your waist. Remember don't hold the tape measure too tight - it should be touching your skin but not squeezing the life out of you.

Women's Hips: Place the tape measure around the widest part of your hips - usually mid bum, you can do this wearing underwear, but not trousers.

Note: Measurements are body measurements.

Overalls/Dustcoats

Metric Size	72R	76R	80R	84R	88R	92R	97R	102R	107R	112R	117R	122R	127R	132R	142R
Previous Size	3	4	5	6	7	8	9	10	11	12	13	14	15	16	18
Chest (cm)	80-84	84-88	88-92	92-96	96-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145	150-155
Waist (cm)	70-74	74-78	78-82	82-86	86-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	140-145
Chest (in)	32-34	34-35	35-37	37-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54	54-56	56-58	60-62
Waist (in)	28-30	30-31	31-33	33-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54	56-58

Men's Singlets, T-Shirts, Polos, Shirts, Vests, Polar Fleece, Jackets, Hooded Sweatshirt, Jerkins

Size	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
Chest (cm)	75-80	80-85	85-90	90-95	95-100	100-105	105-112	112-119	119-126	126-133	133-140	140-147	147-154	154-161
Chest (in)	30-32	32-34	34-36	36-38	38-40	40-42	42-45	45-48	48-50	50-53	53-56	56-59	59-62	62-64

Men's Trousers, Shorts

Size	67	72	77	82	87	92	97	102	107	112	117	122	127	132
Lower Waist (cm)	65-70	70-75	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135
Lower Waist (in)	26-28	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54

Rainwear Trousers, Rainwear Bib Trousers, Food Industry Trousers

Size	XS	S	M	L	XL	2XL	3XL	4XL	6XL	8XL
Lower Waist (cm)	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	120-125	130-135
Lower Waist (in)	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	48-50	52-54

Women's Polos, Rainwear Jackets

Size	6	8	10	12	14	16	18	20	22	24	26	28
Chest (cm)	80-85	85-90	90-95	95-100	100-105	105-112	112-119	119-126	126-133	133-140	140-147	147-154
Chest (in)	32-34	34-36	36-38	38-40	40-42	42-45	45-48	48-50	50-53	53-56	56-59	59-62

Women's Trousers, Shorts

Size	6	8	10	12	14	16	18	20	22	24	26
Waist (cm)	70-75	75-80	80-85	85-90	90-95	95-102	102-109	109-116	116-123	123-130	130-137
Hips (cm)	90-95	95-100	100-105	105-110	110-115	115-122	122-129	129-136	136-143	143-150	150-157
Waist (in)	28-30	30-32	32-34	34-36	36-38	38-41	41-44	44-46	46-49	49-52	52-55
Hips (in)	36-38	38-40	40-42	42-44	44-46	46-49	49-52	52-54	54-57	57-60	60-63

Footwear

Men's NZ/AU/UK Sizes	4	5	6	7	8	8W	9	9W	10	10W	11	11W	12	12W	13	14
Women's Equivalent Sizes	6	7	8	9	10	10	11	11	12	12	13	13	14	14	15	16
Euro Sizes	37	39	40	41	42	42	43	43	44	44	45	45	46	46	47	48
US Sizes	5	6	7	8	9	9	10	10	11	11	12	12	13	13	14	15
Insole length mm	246.16	254.62	263.08	271.54	280.00	280.00	288.46	288.46	296.92	296.92	305.38	305.38	313.84	313.84	322.30	330.76
Ball Girth mm	246.60	252.95	259.30	265.65	272.00	280.00	278.35	286.35	284.70	292.70	291.05	299.05	297.40	305.40	303.75	310.10
E fitting	EEEE	EEEE	EEEE	EEEE	EEEE	EEEEEE	EEEEE	EEEEEE	EEEEE	EEEEEE	EEEEE	EEEEEE	EEEEE	EEEEEE	EEEEE	EEEEE